Isaac Halfon, M.D., F.A.C.O.G.

Office 561-798-4100

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Congratulations as you are reaching the last few weeks of your pregnancy!

At this point in your pregnancy, it is very important for the baby to be moving at all times.

I recommend fetal movement counts, twice a day. Lay on your left side and document how many times the baby moves in a 2-hour period. If the baby moves less than 10 times in the 2-hour period, come to Wellington Labor & Delivery for further evaluation.

If you have any questions or issues after office hours, please come to Wellington Labor & Delivery and your Doctor will be called by the nurse upon your arrival to the hospital.

You do NOT have to call the Doctor to let him know you are coming to the hospital.

If, at any time, you experience the following; decreased fetal movement, rupture of membranes, feeling of wetness, vaginal bleeding, or contractions, please come to Wellington Labor & Delivery for further evaluation.

If you are not sure of what you are feeling, please also come to Wellington Labor & Delivery.

Always come to Wellington Labor & Delivery for anything what so ever, so you can receive prompt medical evaluation and treatment.

Thank you,	
Isaac Halfon, M.D.	
	Received by / Date